



Harmondsworth Primary School

PGL Osmington Bay
Tuesday 27th-Thursday 29th March 2018



Osmington Bay

- Osmington Bay has a comprehensive range of activities:
- Sports hall
- All-weather Activity Zone
- Classrooms
- Shop
- Field Studies classrooms
- ICT suite



Sample Itinerary

- 07.00 - School staff wake up the group**
- 08.15 - Breakfast**
- 09.00 - First activity session**
- 10.30 - Break**
- 10.45 - Second activity session**
- 12.15 - Lunch**
- 13.45 - Third activity session**
- 15.15 - Break**
- 15.30 - Fourth activity session**
- 17.00 - Supervised free time**
- 17.30 - 19.00 - Evening meal**
- 19.00 - 21:00 - Evening entertainment.**
- 21:00 - 22:00 – Getting ready for bed in chalet.**
- 22:00 - Lights out!**



Example Activities

- ✓ Abseiling
- ✓ Archery
- ✓ Giant Swing
- ✓ Fencing
- ✓ Quad Biking
- ✓ Sensory Trail
- ✓ Aeroball
- ✓ Trampolining



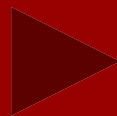
Shop

The centre has a small shop selling sweets, souvenirs and stationery.

The children are allowed to buy items from this shop.

The children are allowed to bring a maximum of £6 pocket money.

Please bring this to school in a labelled envelope by Thursday 22nd March.



In the event of an accident

- In the event of a minor accident or injury the Group leader/ visiting teacher ensures that an accident form is completed.
- If an accident takes place during a taught activity session then the instructor in charge will be responsible for the documentation.
- If an injury needs professional medical treatment then we will inform you as soon as possible.

Accommodation

The sleeping accommodation is centrally heated, each chalet with four beds. Each child needs to bring a sleeping bag and pillow.

We will be asking the children to identify 3 children with whom they would like to share a chalet. We guarantee they will be with at least one friend.



Night Security

- ✓ The teachers' sleeping accommodation is next to the children's.
- ✓ There is access to PGL staff at all times.
- ✓ A senior member of the PGL management team will also be on duty.

Behaviour

- We expect all children to behave as they would at school.
- The behaviour and conduct is the responsibility of the teachers and other visiting adults.
- The centre has a Zero Tolerance policy towards graffiti and vandalism; any non-accidental damage to the centre's equipment or to the fabric of the centre will have to be paid for in full by the person or people concerned.

Suggested Personal Clothing Equipment Requirements

- ✓ Warm waterproof jacket
- ✓ 3 T –shirts
- ✓ 3 warm jumpers or fleeces
- ✓ 3 pairs of tracksuit/jogging bottoms
- ✓ Several pairs of socks
- ✓ Two pairs of trainers (one old pair)
- ✓ Hat
- ✓ Gloves
- ✓ Wash kit and towel
- ✓ Water bottle
- ✓ Night clothes
- ✓ Underwear
- ✓ Plastic bags/bin liners for muddy clothes
- ✓ Sun cream
- ✓ Disco outfit

Communication

There will be regular communication between school and the adults on school journey.

Text message updates will be sent throughout the trip. Please ensure the office has the correct mobile number.
Thank you.

Departure and arrival

- ✓ Children need to arrive at school for 8.50am. PLEASE leave bags in the sheltered area by the office and go to the playground as normal.
- ✓ Pupils wear their own clothes.
- ✓ Pupils need to bring a lunch in a bag that can be thrown away.
- ✓ Parents need to ensure that medicines are clearly labelled with instructions and handed to Miss Johnson upon arrival at school. Any medication held in school (e.g asthma pumps) will be sent with the children.
- ✓ We will set off at 9.15.a.m. making one stop on the way. PLEASE ensure travel sickness pills are taken before coming to school.
- ✓ Children are not allowed to bring anything electrical e.g. i-pods, hand held consoles or mobile phones. Books, cards and travel games are fine.
- ✓ The group will be departing at 1pm on the day of departure and should arrive at school at approximately 4.30pm.

Osmington Bay

- ✓ PGL ask parents not to call the centre, unless it is an emergency.
 - ✓ The children will not be allowed to call home.
- ✓ The centre will do their best to pass on letters. All letters to children must state the child's name and school name and be sent c/o:

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