

HARMONDSWORTH PRIMARY SCHOOL

LONDON BOROUGH OF HILLINGDON

Headteacher: Mrs E Dowding



YEAR 1's AUTUMN NEWSLETTER

8TH SEPTEMBER 2017

P. E .

PE will take place on Tuesday (indoor) and Thursday (outdoor). Please ensure that your child has an appropriate PE kit in school on those days (black shorts, burgundy school t-shirt, plimsolls or trainers). Please be reminded that for safety reasons, earrings are not allowed to be worn in PE lessons, please ensure if your child *does* wear studs, that they are not worn on PE days or that they are covered with tape. Please also make sure that if your child has long hair that it is tied up on PE days, thank you. **Also remove the earrings or send the tape to cover them.**

Welcome back after the summer holidays and welcome to Year 1! I hope that you all had a lovely break and are ready and raring to go for the new school year. I would like to share with you some important and useful information about the weekly routines in Year 1.



Cross curricular learning

We will be learning through a topic based curriculum. This means that lessons will not be taught in individual subjects but that lessons will combine different subjects to help create a more engaging and creative learning environment. Each half term, learning will be based around a different topic. During the first half term we will be learning about 'Famous People'. Please see the topic web for more details.

Mindfulness

As a school we will be focusing on developing mindfulness in the classroom. There is an emerging body of research that indicates **mindfulness** can help **children** improve their Abilities to pay attention, to calm down when they are upset and to make better decisions.

Water

As a Healthy School, we promote the drinking of water and actively encourage children to bring in a named, clear plastic bottle of water to keep in the classroom. It is proven that water aids concentration and brain activity.



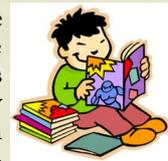
Harmondsworth mile

Children in Year One will be taking part in the Harmondsworth mile which is aimed at improving their physical, social, emotional and mental health and well-being. It will also help them to focus and concentrate in the classroom and raise their attainment.

The mile will be 15 minute session and the children can run, jog or walk. They do not need to change into their P.E

Spellings, Homework and daily reading

Learning spellings and completing homework really does support your child's work in the classroom. Homework will be given out on a **Tuesday** and collected on the following **Monday**. Your child will shortly be provided with a spelling book and a Homework book, please ensure these are kept safe. The spellings given each week will relate the phonics that your child is working on in their phonics group that week. The spellings will be given on a Thursday and tested the following Thursday. Phonics is a key area in Year 1 and it is therefore very important that your child practices these spellings at home to reinforce the learning at school.



Regular reading is also important and has a huge impact on your child's writing as well. Please record your comments in the yellow book. Please ensure that your child brings in their reading book and record into school everyday as they

Show and Tell

Show and Tell will be on a **Friday**. As there is not enough time for the whole class to join in on one day, the class will be split into groups and participate on different weeks (please see attached list) in the homework book. Please may I ask that expensive/items of extreme sentimental value or very large items are not brought in, as we have limited room and we wouldn't want anything too precious to be broken or go missing.

Book share

The children really enjoy having you in to share a book and it really does raise the profile of reading in the classroom. May I take this opportunity to remind you it takes place every Friday from 8:50 to 9:10. Please come in with your child after the bell and share a book.

Adult helpers- If anybody has any spare time and would be willing to come and hear readers, please call in at the office.

Please do not hesitate to come and speak to me if you have any queries. Mrs Sharif